



FOXHILLS JUNIOR SCHOOL

Foxhills, Ashurst, Hampshire, SO40 7ED

adminjuniors@foxhillsfederation.co.uk

www.foxhillsjuniorschool.co.uk

(023) 8029 2126

Headteacher: Mrs Lucy Howe

Year 5 Swimming Programme 2025

January 2025

Dear Parents of Oak and Redwood,

Your child will be commencing their swimming lessons after half term.

The dates they will be attending are: Tuesday 7th, 14th, 21st, 28th January 4th, 11th February.

The lesson times at Totton Leisure Centre:

5 Oak: 10-10.30am

5 Redwood: 10.30am-11am

Reminder:

All children will need to come to school in full uniform as usual and will need to bring their swimming kit with them. This must consist of:

- Swimming outfit - trunks or shorts or swimming costume (one piece for girls)
- Towel
- Goggles and/or swimming cap if your child wishes to wear one. All children with long hair will need to have this tied up.
- Hair brush / Comb
- Plastic bag for wet clothes
- Water bottle and snack for afterwards

On arrival at the pool, the children will use the allocated male and female communal changing rooms to change; we have exclusive use of these. Please ensure your child can recognise their own swimming kit/clothes (ideally, these should be named). Please note the children will be able to rinse in the shower after the session. However, they will not be able to wash their hair.

Thank you for your support.

Kind regards

Year 5 Team