



FOXHILLS JUNIOR SCHOOL
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Headteacher: Mrs L Howe

Y5 DT – Food Tasting Session

As part of our 'Super Seasonal Food' unit in Design and Technology, the children will be designing, preparing and cooking/assembling a meal to promote eating seasonal food. Before they begin designing their meal, we would like the children to try some seasonal foods so that they can explore the different tastes. The foods we will be trying are as follows:

- asparagus (cooked)
- kale (cooked),
- spinach (raw and cooked)
- radishes (raw)
- rocket (raw)
- Jersey Royal new potatoes (cooked),
- spring onions (raw and cooked)

We hold a central register of all children who have an allergy, where this has been reported to us. However, if your child has an allergy to any of the ingredients of the above mentioned dishes or you do not want your child to take part, please let your child's class teacher know by Wednesday 5th February 2025

Thank you for your continued support

Year 5 Team